


Burke Lunch

March 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
		1 Fish Stars Chicken Nuggets Mashed Potatoes w Gravy Milk Choices Cookie 6-12	2 Hot Ham N Cheese Uncrustable Green Beans Milk Choices	3 Pizza BBQ Flatbread Peas Milk Choices Garlic Bread HS	Endless fruits and veggies are included with the lunch meal every day. 
6 Pasta Buffet Hot Pocket Broccoli Milk Choices Cookie HS	7 Walking Taco Chicken Sandwich Corn Milk Choices Garlic Bread HS with Walking Taco	8 Chicken Nuggets Beef Fingers Mashed Potatoes w Gravy Milk Choices Dinner Roll HS	9 No School	10 No School	Each Student is to have ½ cup of fruit or vegetable on their tray.
13 Hamburger Breaded Fish Sand French Fries Milk Choices	14 Taco Bar Chef Salad w Dinner Roll and Crackers Corn Milk Choices	15 Terriyaki Chicken over Rice Chicken Sandwich Orange Juice Milk Choices Dinner Roll HS w TC	16 Stromboli Hot Dog Baked Beans Milk Choices Sugar Cookie HS	17 Fish Stars Chicken Nuggets Mashed Potatoes with Country Style Gravy Milk Choices Dinner Roll HS	Meal Prices: PK-5 th \$2.55 6-12 \$2.80 Adult \$3.80 Extra Entrée \$1.50 Extra Milk \$0.50
20 Breakfast for Lunch Pancakes Sausage or Chef Salad with Breadsticks and Crackers Milk Choices Hashbrown 6-12	21 Sub Sandwich Crispito Baked Beans Milk Choices	22 Chicken Nuggets Mashed Potatoes w Gravy Chef Salad w Dinner Roll Milk Choices Cookie HS	23 Spaghetti w Garlic Bread Chicken Sandwich Green Beans Milk Choices	24 Pizza Fish Sandwich Corn Milk Choice	Burke Schools are an Equal Opportunity Employer
27 Mr. Rib Hot Dog Baked Beans Milk Choices Cookie HS	28 Super Nachos K-12 Chicken Fajita Fajita Vegetables Milk Choices Rice HS	29 Pizza BBQ Flatbread Peas Milk Choices Garlic Bread HS	30 Hot Ham N Cheese on a Bun Chicken Sandwich Green Beans Milk Choices	31 Fish Stars Chicken Nuggets Mashed Potatoes w Gravy Milk Choices Cookie 6-12	